

4/24/25 SCHS Fred Arnold Memorial Track and Field Invitational

Entry Fee: **\$200 per school**

Send entry fees to:

Schuyler Central High School
401 Adam Street
Schuyler, Nebraska 68661
Attn. Josh McPhillips, AP/AD

- Enclosed is an order of events and general information
 - Programs will be available for coaches at the Activity Building before the meet.
 - Hospitality – Breakfast available at 8:00. There will be a meal for coaches and workers in the activity building between 11:00 am and 3:00 PM
 - **Admission: \$6.00 Adults and \$4.00 Students – NO PASSES WILL BE ACCEPTED!**
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Entries

Entries will be entered through the Bound Website. If you already have an account, log in at

<https://gobound.com/ne/> by clicking sign in and then selecting school. Go to your program then

meet entries to enter your athletes. There will be no meet website link. Live results will be on Athletic.net. We will have QR codes posted for that link.

Registration closes on April 23rd at 12:00 pm

1. Scratch/add: Please report changes in the Activity Building at 9:15 am. The building is at the northeast corner of the track.
2. NSAA rules will apply at this meet. **Athletes may not warm up without a coach or official present.**
3. Scoring will be 10-8-6-4-2-1, in both relays and individual events.
4. Competitors will be assigned to heats based on the times supplied on the entries or updates at scratch and add.
5. Medals will be given for the first 6 places in all running and field events, with the exception of the throwers relay. Championship and runner-up trophies will be given in the boys and girls divisions.
6. Field events will start at 10:00 am and running events will begin at 12:30 pm. Running events will run a rolling schedule.
7. **Keep tents out of the concessions area. Tents are allowed between the west fence and the soccer field by the bleachers.**
8. There will not be a coaches meeting. We will provide starting heights and other pertinent information at the scratch and add table in the Activity Building.
9. If you have questions, contact Josh McPhillips (402)-920-0692, josh.mcphillips@schuylercommunityschools.org



FRED ARNOLD SCHEDULE OF EVENTS



FIELD EVENTS: START AT 10:00 AM

BOYS HIGH JUMP	then GIRLS HIGH JUMP
BOYS TRIPLE JUMP	then GIRLS TRIPLE JUMP(east/west pit)
GIRLS LONG JUMP	then BOYS LONG JUMP(north/south pit)
GIRLS SHOT PUT	then BOYS SHOT PUT
BOYS DISCUS	then GIRLS DISCUS
GIRLS POLE VAULT	then BOYS POLE VAULT

RUNNING EVENTS-START AT 12:30* (First call at 12:15) GIRLS Then BOYS

3200 RELAY	FINALS
100 M HURDLES	PRELIMS
110 M HIGH HURDLES	PRELIMS
100 M DASH	PRELIMS
400 M DASH	FINALS
3200 M RUN	FINALS
200 M DASH	PRELIMS

FINALS EVENTS

GIRLS then BOYS

100 M HURDLES	
110 M H. HURDLES	
100 M DASH	
800 M RUN	
300 M HURDLES	
200 M DASH	
1600 M RUN	
400 M RELAY	
Throwers/ Field Event 400M RELAY	non scoring
1600 M RELAY	

***Events will be a rolling schedule. There will be a break before the Finals.**